

# Breakfast Menu

## SUMMER 2009

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### *Heart Healthy Selections*

- Seasonal Fresh Fruit Smoothie \$6  
Air Dried Fruit and Almond Granola \$6  
Hot Oatmeal with Raisins and Brown Sugar \$6.50  
Seasonal Fruit and Berries with Yogurt and Toasted Banana Bread \$8.50  
Egg White Omelet – Spinach, Onions, Peppers and Mushrooms, Choice of Toast \$8.50

### *Breakfast Selections*

- Your Choice of Farm Eggs or Egg Beaters, Home Fries or Grits, Toast or Buttermilk Biscuits  
Eggs Benedict \$11.50  
Two Poached Eggs, English Muffin, Grilled Canadian Bacon, Hollandaise Sauce  
Or, Two Poached Eggs, English Muffin, Smoked Salmon, Hollandaise Sauce  
Three Egg Omelet \$10.50  
Choice of Three: Cheddar, Swiss, Country Ham, Bacon, Sausage, Tomato, Onions, Mushrooms, Bell Peppers, Spinach  
Mediterranean Omelet \$11  
Three Eggs, Spinach, Peppers, Tomatoes, Onions, Feta Cheese, Hollandaise Sauce  
Two Eggs Any Style \$10.50  
Choice of: Grilled Ham, Country Link Sausage, Apple Smoked Bacon or Corned Beef  
Buttermilk Biscuits and Sausage Gravy \$8.25  
With One Egg \$10.25  
Buttermilk Pancakes \$7.50  
Blueberry Pancakes \$8.25  
Granola and Seasonal Berry Pancakes \$8.25  
Golden Belgian Waffle with Almonds and Strawberries \$9  
Cinammon Brioche French Toast \$8.75

### *Sides*

- Bakery Basket with Croissant, Muffin or Fruit Turnover \$3  
Cold Cereal with Your Choice of Milk \$4, with Fruit \$6  
Toast, Your Choice of White, Wheat, or Rye Bread \$2  
Mixed Fruit Cup, \$4  
Cup of Berries \$5.50  
English Muffin \$2  
Buttermilk Biscuits \$2  
Plain Bagel / with Cream Cheese \$3/\$3.50  
Breakfast Potatoes \$3  
Southern Grits / with Cheddar Cheese \$3/\$3.50  
Apple Smoked Bacon, Sausage, Grilled Ham or Corned Beef Hash \$4

### *Beverages*

- Coffee, Regular or Decaffeinated \$3  
Hot Tea \$3.75  
Hot Chocolate \$2.50  
Ice Tea, Sweet or Unsweetened \$3  
Espresso \$4  
Cappuccino \$4

### *Juices and Fruits*

- Apple, Tomato, V-8, or Cranberry \$2.50  
Pineapple or Grapefruit Juice \$2.50  
Fresh Squeezed Orange Juice \$3.25  
Whole, Skim or 2% Milk \$2.75

