

Tarheel Kids Menu

BREAKFAST

6:30-11:00AM

 **BOWL OF FRESH CUT FRUIT & BERRIES** 6

 **OATMEAL, ALMONDS & BERRIES** 4.5

CREAMY OATMEAL WITH TOASTED ALMONDS & FRESH SEASONAL BERRIES

PANCAKES 5

YOUR CHOICE OF BLUEBERRIES, GRANOLA OR CHOCOLATE CHIPS SERVED WITH MAPLE SYRUP

KIDS BIG BREAKFAST 6

ONE EGG, HASH BROWNS, BACON, CHOICE OF TOAST OR BISCUIT

LUNCH & DINNER

 **STEAMED EDAMAME** 4

 **NORTH CAROLINA FARM LETTUCE SALAD** 5

MIXED GREENS WITH DRIED CHERRIES, APPLES & ALMONDS TOSSED WITH ORANGE VINAIGRETTE

CHEESE PIZZA WITH TOMATO SAUCE & MOZZARELLA CHEESE 6.5

BOW TIE PASTA & CHEESE 6

BIG SPOON PEANUT BUTTER & STRAWBERRY JELLY SANDWICH 6

SLICED BANANA ON OATMEAL WHEAT BREAD

CHICKEN FINGERS & FRENCH FRIES 6.5

MINI HAMBURGER & FRENCH FRIES 6.5

 *A Destination Kids Café Healthy Choice*
  *A 2012 Healthy Kids Recipe Contest Winner*